

Brenna Hatami ND
Be Well with Natural Medicine

Fall Cleanse

*Celebrate health and vitality with
a rejuvenating, dietary cleanse.*

DATES, LOCATION & COST

Sunday, October 8th

11:00 AM - 12:30 PM

Sunday, October 15th

11:00 AM - 12:30 PM

COST

\$199.00

Includes all meetings,
notebook & supplements.

LOCATION

Sixth Avenue United
Church of Christ
3250 E 6th Ave.
Denver 80206

This 14-day program will educate you with powerful nutrition and team support.

- No more fatigue!
- Improve your digestion!
- Lose weight!
- Learn how to cook and eat whole foods.

This program will cover basic education and methods needed to:

- Successfully complete a 14-day dietary detox and cleanse.
- Two days of purification with liquids, water, and vegetable juices.
- Go through the cleanse as a group providing the guidance and support you need to succeed.

Brenna Hatami, ND, is a Naturopathic Doctor specializing in detoxification, weight loss, anxiety and depression. She earned her doctorate from the SouthWest College of Naturopathic Medicine in Arizona. She has also been a yoga teacher for 28 years and leads Axis Yoga Teacher Trainings with her husband. She has a private practice in Denver.



TO REGISTER, CONTACT DR. BRENNA

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